Thank you for purchasing this Audio-Technica product. Before using the product, please read through the Quick Start Guide and Caution Guide, as well as this user manual when necessary, to ensure that you will use the product correctly.

# Safety precautions

Although this product was designed to be used safely, failing to use it correctly may result in an accident. To ensure safety, observe all warnings and cautions while using the product.

## Cautions for the product

- Do not use the product near medical equipment. Radio waves may affect cardiac pacemakers and medical electronic equipment. Do not use the product inside medical facilities.
- When using the product in aircraft, follow airline instructions.
- Do not use the product near automatic control devices such as automatic doors and fire alarms. Radio waves may affect electronic equipment and cause accidents due to malfunction.
- Do not disassemble, modify or attempt to repair the product to avoid electric shock, malfunction or fire.
- Do not subject the product to strong impact to avoid electric shock, malfunction or fire.
- Do not handle the product with wet hands to avoid electric shock or injury.
- Disconnect the product from a device if the product begins to malfunction, producing smoke, odor, heat, unwanted noise or showing other signs of damage. In such a case, contact your local Audio-Technica dealer.
- Do not allow the product to get wet to avoid electric shock or malfunction.
- Do not put foreign matter such as combustible materials, metal, or liquid in the product.

- Do not cover the product with a cloth to avoid fire or injury by overheating.
- Follow applicable laws regarding mobile phone and headphone use if using headphones while driving.
- Do not use the product in places where the inability to hear ambient sound presents a serious risk (such as at railroad crossings, train stations, and construction sites).
- When charging, make sure to use the included USB charging cable.
- Do not charge with devices that have quick-charge functionality (with a voltage of 5 V or more). Doing so may cause the product to malfunction.
- To prevent damage to your hearing, do not raise the volume too high. Listening to loud sound for an extended period may cause temporary or permanent hearing loss.
- Discontinue use if skin irritation results from direct contact with the product.
- Do not catch your fingers or other body parts between the housing and the arm or inside the joints.
Safety precautions

Cautions for rechargeable battery

The product is equipped with a rechargeable battery (lithium polymer battery).

- If battery fluid gets into eyes, do not rub them. Rinse thoroughly with clean water such as tap water and consult a doctor immediately.
- If battery fluid leaks, do not touch fluid with bare hands. If fluid remains inside the product, it may cause malfunction. If battery fluid leaks, contact your local Audio-Technica dealer.
  - If fluid gets in your mouth, gargle thoroughly with clean water such as tap water and consult a doctor immediately.
  - If your skin or clothing comes in contact with fluid, immediately wash the affected skin or clothing with water. If you experience skin irritation, consult a doctor.
- To avoid leakage, generation of heat or explosion:
  - Never heat, disassemble or modify the battery, nor dispose of it in a fire.
  - Do not attempt to pierce with a nail, hit with a hammer or step on the battery.
  - Do not drop the product or subject it to strong impact.
  - Do not get the battery wet.
- Do not use, leave or store the battery in the following places:
  - Area exposed to direct sunlight or high temperatures and humidity
  - Inside of a car under the blazing sun
  - Near heat sources such as heat registers
- Charge only with the included USB cable to avoid malfunction or fire.
- The internal rechargeable battery of this product cannot be replaced by the user. The battery may have reached the end of its service life if the usage time becomes significantly shorter even after the battery has been fully charged. If this is the case, the battery needs to be repaired. Contact your local Audio-Technica dealer for repair details.
- When the product is disposed of, the built-in rechargeable battery needs to be discarded properly. Contact your local Audio-Technica dealer to learn how to properly dispose of the battery.

For customers in the USA

FCC Notice

Warning
This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Caution
You are cautioned that any changes or modifications not expressly approved in this manual could void your authority to operate this equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
  - Reorient or relocate the receiving antenna.
  - Increase the separation between the equipment and receiver.
  - Connect the equipment to an outlet on a circuit different from that to which the receiver is connected.
  - Consult the dealer or an experienced radio/TV technician for help.

RF Exposure Statement
This transmitter must not be co-located or operated in conjunction with any other antenna or transmitter used in other systems. This device complies with FCC radiation exposure limits set forth for an uncontrolled environment and meets the FCC radio frequency (RF) Exposure Guidelines. This equipment has very low levels of RF energy that is deemed to comply without testing of specific absorption rate (SAR).

For customers in Canada

IC statement
CAN ICES-3 (B)/NMB-3(B)
This device complies with Industry Canada’s licence-exempt RSSs. Operation is subject to the following two conditions: (1) This device may not cause interference; and (2) This device must accept any interference, including interference that may cause undesired operation of the device. Under Industry Canada regulations, this radio transmitter may only operate using an antenna of a type and maximum (or lesser) gain approved for the transmitter by Industry Canada. To reduce potential radio interference to other users, the antenna type and its gain should be so chosen that the equivalent isotropically radiated power (e.i.r.p.) is not more than that necessary for successful communication. This device complies with RSS-102 radiation exposure limits set forth for an uncontrolled environment.
Notes on use

- Be sure to read the connected device’s user manual before use.
- Audio-Technica will not be liable in any way for any loss of data in the unlikely event that such losses should occur while using the product.
- On public transportation or in other public places, keep the volume low so as not to disturb other people.
- Minimize the volume on your device before connecting the product.
- When using the product in a dry environment, you may feel a tingling sensation in your ears. This is caused by static electricity accumulated on your body, not by product malfunction.
- Do not subject the product to strong impact.
- Do not store the product in direct sunlight, near heating devices, or in hot, humid, or dusty places. Additionally, do not allow the product to get wet.
- When the product is used for a long time, the product may become discolored due to ultraviolet light (especially direct sunlight) and wear.
- Make sure to hold the plug when connecting and disconnecting the USB charging cable. The USB charging cable may become severed or an accident may occur if you pull on the cable itself.
- When you are not using the USB charging cable, disconnect it from the product.
- If the product is placed in a bag while the USB charging cable is still connected, the USB charging cable may become caught, severed, or broken.
- This product can be used to talk on the phone only when using a mobile telephone network. Support for telephony apps that use a mobile data network is not guaranteed.
- If you use the product near an electronic device or transmitter (such as a mobile phone) which is not connected with the product, unwanted noise may be heard. In this case, move the product away from the electronic device or transmitter.
- If you use the product near a TV or radio antenna, noise may be seen or heard in the television or radio signal. In this case, move the product away from the TV or radio antenna.
- To protect the built-in rechargeable battery, charge it at least once every 6 months. If too much time passes between charges, the life of the rechargeable battery may be reduced, or the rechargeable battery may no longer be able to be charged.

For a more comfortable Bluetooth® communication experience

The effective communication range of this product varies depending on obstructions and radio wave conditions. For a more enjoyable experience, please use the product as close as possible to the Bluetooth device. To minimize noise and sound disruptions, avoid placing your body or other obstacles between the product’s antenna (L side) and the Bluetooth device.
Part names and functions

- **Headband**
- **Slider**
- **L/R (left/right) indicator**
- **Earpad**
- **Joint**
- **Arm**
- **Housing**

**Accessory**
- **USB charging cable** (30 cm (12”))

**Power switch**
- Turns the power on and off.

**Battery jack**
- Use to connect the included USB charging cable and charge the product.

**Control button**
- Use to play/pause music and answer/end phone calls.

**Indicator lamp**
- Displays the operating status and battery level of the product.

**Volume buttons**
- Adjust the volume using + and –.

A microphone is built into the L (left) side housing.
Charging the battery

- Fully charge the battery when using for the first time.
- When the rechargeable battery is running low, the product will beep through the headphones, and an indicator lamp will flash in red 3 times every 4 minutes. In this case, charge the battery.
- It takes about 4 hours maximum to charge the battery fully. (This time may vary depending on usage conditions.)
- While charging the battery, the product’s Bluetooth connection remains disabled and therefore the product cannot be used.

1. Connect the included USB charging cable (Micro USB Type-B side) to the battery jack.
   - The included USB charging cable is designed for exclusive use with the product. Do not use other cables to charge the product.
   - When inserting the USB charging cable into the USB port or battery jack, check that the connector is facing in the correct direction before inserting it directly (horizontally).

2. Connect the included USB charging cable (USB Type-A side) to the computer to start charging.
   - While charging, the indicator lamp lights as follows (it may take several seconds for the indicator lamp to light).
     Lit in red: Charging
     Off: Charging complete

3. When charging is complete, disconnect the USB charging cable (USB Type-A side) from the computer.

4. Disconnect the USB charging cable (Micro USB Type-B) from the product’s battery jack.
Connecting via Bluetooth wireless technology

To connect the product to a Bluetooth device, the product needs to pair (register) with the device.

**Pairing a Bluetooth device**

- Read the user manual for the Bluetooth device.
- Place the device within 1 m (3.3') of the product to perform pairing correctly.
- To confirm the progress of the pairing process, wear the product while performing this procedure and listen for the confirmation tone.

1. Starting with the product turned off, slide the power switch to the “ON” position.
   - The indicator lamp will light in white, and then flash.

2. Use your Bluetooth device to begin the pairing process and search for the product.
   When your Bluetooth device finds the product, “ATH-SR30BT” will be displayed on the device.
   - For information about using your Bluetooth device, refer to the device’s user manual.

3. Select “ATH-SR30BT” to pair the product and your Bluetooth device.
   - Some devices may ask for a passkey. In this case, enter “0000”. The passkey may also be called a passcode, PIN code, PIN number, or password.
   - The product sounds a confirmation tone when pairing is complete.

**About pairing**

When connecting a new Bluetooth device, you need to pair it with the product. Once the Bluetooth device and the product are paired, you do not need to pair them again. However, in the following cases you will need to pair again even if the Bluetooth device was paired once:

- If the product is deleted from the Bluetooth device’s connection history.
- If the product is sent out for repair.
- If 9 or more devices are paired.
   (This product can save the pairing information of up to 8 devices. When you pair with a new device after pairing with 8 devices, pairing information for the device with the oldest connection date will be overwritten by the information for the new device.)

- When switching Bluetooth devices, you may be unable to pair because the previously connected Bluetooth device cannot be disconnected. In this case, press and hold the volume buttons (+ and -) as shown in the figure for about 6 seconds. The product will start “searching for devices” and you can pair Bluetooth devices that you want to connect.
Using the product

The product can use Bluetooth wireless technology to connect to your device and play music, receive phone calls, etc. Use the product for whichever of these purposes suits your needs. Note that Audio-Technica cannot guarantee the operation of displays, such as the battery level display, or applications via Bluetooth devices.

Power supply ON/OFF

<table>
<thead>
<tr>
<th>Power supply</th>
<th>Power switch operation</th>
<th>Indicator lamp</th>
</tr>
</thead>
<tbody>
<tr>
<td>ON</td>
<td>[ON</td>
<td>OFF]</td>
</tr>
<tr>
<td>OFF</td>
<td>[ON</td>
<td>OFF]</td>
</tr>
</tbody>
</table>

*1 It may take several seconds for the indicator lamp to light.
*2 For details, refer to “Indicator lamp display” (p. 10).

Wearing the product

Put the side of the product marked “L” (LEFT) onto the left ear and the side marked “R” (RIGHT) onto the right ear, slide the slider up and down so that the earpads cover the ears, and then adjust the headband.

Swivel mechanism

You can fold the housing so that it lies flat. After folding it flat, you can also fold the housing inside the headband.

- The swivel mechanism cannot rotate more than 90 degrees. Do not apply excessive force.
Using the product

Compact folding

You can fold the housing into the inner side of the headband using the joints at the fulcrum.

• Be careful so as not to get your fingers caught in the joints.
• When using the product, make sure to return the housing to the original position.

Listening to audio

• To connect for the first time, pair the product and your device via Bluetooth wireless technology. If you have already paired the product and your Bluetooth device, turn on the Bluetooth device’s Bluetooth connection before turning on the product.
• Use your Bluetooth device to start playback, referring to the device’s user manual as necessary.

Control button

<table>
<thead>
<tr>
<th>Press</th>
<th>Play/pause</th>
<th>Plays or pauses music.*1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Press and hold</td>
<td>The speech recognition function (such as Siri, which is installed on iOS devices) may start depending on the connected device.</td>
<td></td>
</tr>
</tbody>
</table>

Volume buttons

<table>
<thead>
<tr>
<th>+ button</th>
<th>Press</th>
<th>Volume up</th>
<th>Increases the volume by 1 level.*2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Press and hold (for about 2 seconds)</td>
<td>Skip forward</td>
<td>Plays the next track.*1</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>- button</th>
<th>Press</th>
<th>Volume down</th>
<th>Decreases the volume by 1 level.*2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Press and hold (for about 2 seconds)</td>
<td>Skip back</td>
<td>Plays the previous track.*1</td>
<td></td>
</tr>
</tbody>
</table>

*1 Some controls may not be available for music on some smartphones.
*2 A beep is heard when the volume is at the maximum or minimum level.

• The volume control of some devices may not work well with the product.
## Using the product

### Talking on the phone

- If your Bluetooth device supports telephone features, you can use the microphone built into the product to talk on the phone.
- When your Bluetooth device receives a phone call, the product sounds a ring tone.
- If a call is received while you are listening to music, music playback is paused. When you finish the call, music playback resumes.*

<table>
<thead>
<tr>
<th>When</th>
<th>Operation</th>
<th>Function</th>
</tr>
</thead>
<tbody>
<tr>
<td>Receiving a call</td>
<td>Press the control button.</td>
<td>Answers the call.</td>
</tr>
<tr>
<td></td>
<td>Press and hold the control button (for about 2 seconds).</td>
<td>Rejects the call.</td>
</tr>
<tr>
<td>Talking on a call</td>
<td>Press the control button.</td>
<td>Ends the call.</td>
</tr>
<tr>
<td></td>
<td>Press and hold the control button (for about 2 seconds).</td>
<td>Each time you press and hold the button (about 2 seconds), you switch the call to your mobile phone or to the product.</td>
</tr>
<tr>
<td></td>
<td>Press a volume button (+ or -).</td>
<td>Adjusts the volume (+ or -) of the call.</td>
</tr>
</tbody>
</table>

* Depending on your Bluetooth device, music playback may not resume.
* The phone call controls explained above may not be available on some smartphones.

### Auto power off function

The product automatically turns off after 5 minutes of not being connected to a device that has its power turned on.

### Reset function

If the product does not work or other malfunctions occur, refer to “Charging the battery” (p. 5) for information on inserting the USB charging cable to provide power, and then do a reset. Disconnecting and then reconnecting the USB charging cable will reset the product and should resolve any problem you are experiencing. If the problem persists, contact your local Audio-Technica dealer.

Resetting does not change any of your settings (pairing information, volume setting, etc.).
Indicator lamp display

The indicator lamp of the product indicates the product's status as explained below.

<table>
<thead>
<tr>
<th>Status</th>
<th>Indicator lamp display pattern</th>
<th>Red</th>
<th>White</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pairing</td>
<td>Searching for device</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Connection</td>
<td>Waiting to be connected</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Connecting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Battery level</td>
<td>Battery level low</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Charging</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Fully charged</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Situation Voice guidance

The product provides English voice guidance in the following situations.

<table>
<thead>
<tr>
<th>Situation</th>
<th>Voice guidance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Power is turned on</td>
<td>Power on</td>
</tr>
<tr>
<td>Power is turned off</td>
<td>Power off</td>
</tr>
<tr>
<td>Bluetooth is connected</td>
<td>Bluetooth connected</td>
</tr>
<tr>
<td>Bluetooth is disconnected</td>
<td>Bluetooth disconnected</td>
</tr>
<tr>
<td>Battery level low</td>
<td>Low battery</td>
</tr>
</tbody>
</table>
Cleaning

Get into the habit of regularly cleaning the product to ensure that it will last for a long time. Do not use alcohol, paint thinners or other solvents for cleaning purposes.

- To clean, wipe with a dry cloth.
- Wipe away dirt from the earpads and headband with a dry cloth. Sweat or water on the earpads and headband may cause the colors to fade. In this case, we recommend that you wipe them with a dry cloth and dry them out of direct sunlight.

- If the product will not be used for an extended period of time, store it in a well-ventilated place free from high temperatures and humidity.
- Earpads are consumable parts. Replace them when necessary as they will deteriorate through storage and use. Contact your local Audio-Technica dealer for earpad replacement or other repairs.
<table>
<thead>
<tr>
<th>Problem</th>
<th>Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Power is not supplied.</td>
<td>• Charge the product.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Troubleshooting</th>
<th>Solution</th>
</tr>
</thead>
</table>
| Unable to pair. | • Confirm that the Bluetooth device communicates using Ver. 2.1+EDR or higher.  
• Place the product and the Bluetooth device within 1 m (3.3’) of each other.  
• Set the profiles for the Bluetooth device. For procedures on how to set profiles, refer to the Bluetooth device’s user manual.  
• Remove the pairing information for the Bluetooth device then pair the product with this device again.  
• Press and hold the volume buttons (+ and -) on the product for about 6 seconds (p. 6). The product will start “searching for devices”. Pair the Bluetooth device that you want to connect. |

| No sound is heard / Sound is faint. | • Turn on the power of the product and the Bluetooth device.  
• Turn up the volume of the product and the Bluetooth device.  
• If the Bluetooth device is set to the HFP/HSP connection, switch to the A2DP connection.  
• Move away from obstacles between the product and the Bluetooth device, such as people, metal or walls, and place them closer together.  
• Switch the sound output of the Bluetooth device to the Bluetooth connection. |

| Sound is distorted / Noise is heard / Sound cuts out. | • Turn down the volume of the product and the Bluetooth device.  
• Keep the product away from devices that emit radio waves such as microwaves and wireless routers.  
• Keep the product away from TVs, radios, and devices with built-in tuners. These devices can also be affected by the product.  
• Turn off the equalizer settings of the Bluetooth device.  
• Remove obstacles between the product and the Bluetooth device and place them closer together. For details, refer to “For a more comfortable Bluetooth communication experience” (p. 3). |

| Cannot hear the voice of the caller / Voice of the caller is too quiet. | • Turn on the power of the product and the Bluetooth device.  
• Turn up the volume of the product and the Bluetooth device.  
• If the Bluetooth device is set to the A2DP connection, switch to the HFP/HSP connection.  
• Switch the sound output of the Bluetooth device to the Bluetooth connection. |

| The product cannot be charged. | • Securely connect the included USB charging cable and charge the product. |

• For details about how to operate your Bluetooth device, refer to the device’s user manual.  
• If the problem still remains, reset the product. To reset the product, refer to “Reset function” (p. 9) under “Using the product”.
### Specifications

#### Headphones

<table>
<thead>
<tr>
<th>Specification</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type</td>
<td>Closed-back dynamic</td>
</tr>
<tr>
<td>Driver</td>
<td>40 mm</td>
</tr>
<tr>
<td>Sensitivity</td>
<td>99 dB/mW</td>
</tr>
<tr>
<td>Frequency response</td>
<td>5 to 35,000 Hz</td>
</tr>
<tr>
<td>Impedance</td>
<td>32 ohms</td>
</tr>
</tbody>
</table>

#### Microphone

<table>
<thead>
<tr>
<th>Specification</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type</td>
<td>Electret condenser</td>
</tr>
<tr>
<td>Polar pattern</td>
<td>Omnidirectional</td>
</tr>
<tr>
<td>Sensitivity</td>
<td>-44 dB (1 V/Pa, at 1 kHz)</td>
</tr>
<tr>
<td>Frequency response</td>
<td>100 to 10,000 Hz</td>
</tr>
</tbody>
</table>

#### Communication specifications

<table>
<thead>
<tr>
<th>Specification</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communication system</td>
<td>Bluetooth version 5.0</td>
</tr>
<tr>
<td>RF output</td>
<td>1.2 mW EIRP</td>
</tr>
<tr>
<td>Maximum communication range</td>
<td>Line of sight - approx. 10 m (33')</td>
</tr>
<tr>
<td>Frequency band</td>
<td>2.402 GHz to 2.480 GHz</td>
</tr>
<tr>
<td>Modulation method</td>
<td>FHSS</td>
</tr>
<tr>
<td>Compatible Bluetooth profiles</td>
<td>A2DP, AVRCP, HFP, HSP</td>
</tr>
<tr>
<td>Support codec</td>
<td>AAC, SBC</td>
</tr>
<tr>
<td>Supported content protection method</td>
<td>SCMS-T</td>
</tr>
<tr>
<td>Transmission band</td>
<td>20 to 20,000 Hz</td>
</tr>
</tbody>
</table>

#### Other

<table>
<thead>
<tr>
<th>Specification</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Power supply</td>
<td>DC 3.7 V lithium polymer battery</td>
</tr>
<tr>
<td>Charging time</td>
<td>Approx. 4 hours*</td>
</tr>
<tr>
<td>Operating time</td>
<td>Continuous transmission time (music playback): Max. approx. 70 hours*</td>
</tr>
<tr>
<td>Weight</td>
<td>190 g (6.7 oz)</td>
</tr>
<tr>
<td>Operating temperature</td>
<td>5°C to 40°C (41° F to 104°F)</td>
</tr>
<tr>
<td>Accessories</td>
<td>• USB charging cable (30 cm (12&quot;) USB Type-A / Micro USB Type-B)</td>
</tr>
<tr>
<td>Sold separately</td>
<td>• Earpad</td>
</tr>
</tbody>
</table>

* The above figures depend on operating conditions.
For product improvement, the product is subject to modification without notice.

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